

The SPIRIT of MAYFLOWER



Welcome

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Club Captain
Mayflower Offshore Rowing Club

And so it continues... we're still in lockdown with no indication, as yet, when we'll be able to get back on the water.

There's no change currently to the scheduled regattas, BROCC and the Worlds however, I think it's probably unrealistic to think that there won't be and as we get any updates, we'll get that information out to you.

I hope that you're managing to stay reasonably fit but if you need any extra motivation, then why not join our weekly Sunday 9am ergo training session. It lasts around 45-60 minutes but even if you haven't got access to an ergo there's no reason not to join in - perhaps you've got an exercise bike, treadmill or you could put together a circuit session. It's great just to train with other people and at your own pace, with no pressure. Drop us an email to Secretary.morc@hotmail.co.uk and we'll zoom to zoom details to you each week.

Ania and I will be putting together a team challenge in March, similar to those we completed earlier last year. More details will follow shortly, so keep an eye on your emails and Facebook and get involved.

That's it for now so stay safe, stay fit and stay in touch.

Welcome

Welcome to our February newsletter and a second month of lockdown. We hope that you are keeping yourself warm and safe in these cold days and not forgetting about your regular exercises. We have few updates this month for you.



Club update

We are following general Covid-19 rules and our club is still closed for rowing and training activities.

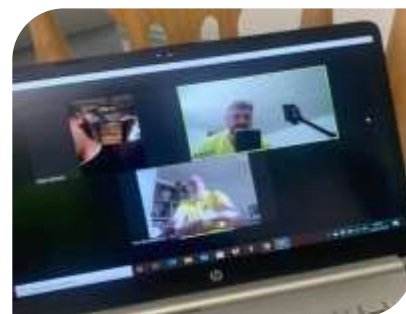
We will keep you updated on any further changes and possible dates of opening the facilities.

For now, stay safe and keep fit.



Zoom Ergs

Our first zoom erg started at the end of January and now we have more and more members joining in on Sunday morning for 30-40 min erg. If you would like to join us, please send us a quick message and we will send you an invite. It is at 09:00 every Sunday.



Club Facilities

We have a number of volunteers from our club who are helping out and checking upon our club facilities and assets.

A number of quads have been cleaned regularly from standing water and doubles are now been safely repositioned.

Thank you to those who take their time to go around the club to check all is in a good shape.



MORC on the move

We have set up a relocation group who is working on potential new home for our club.

The Relocation Working Group started exploring all available options within the Plymouth area. We have been in contact with local authorities, different sport organisations, local sport clubs, and we a couple of meetings coming up to discuss a potential site or/and space to store our club assets.

If you think you can also contribute to ideas and perhaps know of people who can potentially help please contact us @ secretary.morc@hotmail.com. Any ideas are welcomed.

MORC - Club Committee elections 2021/22

We have started the process of selecting the next Club Committee and have all nominations in place now. We don't seem to have any competition for the positions and the list will be send out shortly ready for handover of posts from 1st March,

MORC Roles:

- Club President
- Club Chair
- Club Captain
- Treasurer
- Secretary
- Club Vice-Captain
- Club Safety Advisor
- Welfare Officer
- Regatta Secretary
- Club Facilities Manager
- Social Secretary
- Publicity Officer
- Junior Rep



Voting for each position is confidential.

2021 Regattas

Currently all the regattas are still going ahead as planned but we do realise that with current situation this may change. If anything changes we will inform you as soon as we have ore information.

A full list of all regattas can be found in our [website](#). We will of course keep you updated on any changes that may happen.



Amazon Smile

Up to November 2020 our club received nearly £40 in amazon smile shopping donations. Shopping done by you.



Thank you for your support and don't forget to keep shopping via Amazon Smile to continue supporting our club.

All you need to do is simply go to smile.amazon.co.uk, use your normal Amazon log in details, select Mayflower Offshore Rowing Club as a charity you would like to donate to and then just shop 😊

Those lovely sunny rowing days



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