

The SPIRIT of MAYFLOWER



Welcome

Heather Pfeil
Club Captain
Mayflower Offshore Rowing Club

This is the last newsletter of 2020, so it's the right time to celebrate our accomplishments this year. Although all of our regattas were cancelled this year, that does not mean there aren't positives to take from 2020.

Shortly after lockdown in March we began a series of fitness challenges, initially individual before moving on to several group challenges. Many thanks to Ania for co-ordinating these and also for producing our monthly MORC newsletter.

Craig completed a virtual crossing of the Atlantic - a total of 3150 miles on his ergo at home. He completed his Mayflower Row challenge in 47 days and raised money for the RNLI. At the same time, he has created The Wave magazine, focusing on anything and everything to do with all forms of rowing.

A Masters Mixed crew and a single took part in the virtual Irish and Welsh Opens. We held our own virtual Muddy Rubble regatta in August, which was a lot of fun.

When we were able to return to the water, MORC members who previously had little experience of rowing in singles and doubles, embraced the opportunity to do so and gained lots of confidence.

We held a brilliant MORC training day at Mount Edgecombe in late summer which was well attended and gave everyone the opportunity to complete a cold water capsizing drill.

Our one MORC away day this year was to Bere Ferrers. It was a cold day but that didn't stop us having a great, very muddy, fun day out. I'm not sure I'll be allowed to plan the next one!

We have completed an impressive number of taster and learn to row sessions this year, leading to a number of new members, so massive thanks to Andy, Jeff and Mark who have given their time to enable them. These will resume as soon as possible.

So, my New Year's wish for next year is that our rowing in 2021 won't be disrupted in the same way that 2020 has been and that we can really focus on training for our regattas, BROC and the Worlds. We'll hold more training days and MORC away days/weekends, with plenty of social rowing for those who don't want to be involved in more competitive activities.

WELCOME

It is now December and nearly end of the year 2020 and what a year it has been. Many of us are looking forward to 2021 and leaving this one behind.

Despite the unforeseen events due to COVID, it has been a pretty good year in many ways.

In this issue we have summarised the positive side of how this year has been including the achievements we have done.



2020 going virtual

Despite the lockdown lasting a few weeks, we managed to do indoor and outdoor challenges.

Starting with 30-day exercise challenge set up by our Captain, Heather, we then did team challenges, which also included sheep shearing at one point. Few pictures to remind you of those hot and sunny days.



8000m around the round course with a couple of little offshoots, tired legs today but can't complain as Craig Chalk is erging across the Atlantic!

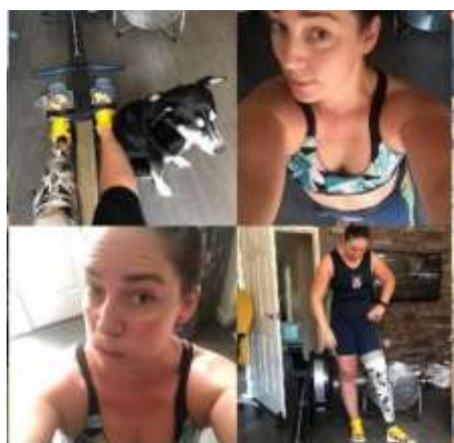


- Mayflower 400 miles challenge
- Snap,CPWF = 403.14 (day 13)
 - Flower Power = 402.46 (day 15)
 - Vitamin Sea = 406.02 (day 21)
 - Rosie Possie = 409.07 (day 22)



- We joined some of the virtual challenges including:
- virtual Cork Ocean to City 2020
 - Fishguard Goodwick and Jemima isolation challenge
 - Gig rower virtual rowing championship
 - BR Row to the Moon
 - Olderfleet RC On-Shore International regatta
 - World in One Day, and few more.

After we could finally see each other we did a very different Mayflower regatta this year at the club with many joining in virtually



Row to the Moon
21 - 31 MAY
ROW US TO THE MOON

RANK	LAST NAME	FIRST NAME	COUNTRY	31 MAY	TOTAL (M)
1	Chaulk	Craig	Great Britain		953,155
2	Pryce	Tegan	Great Britain		553,164
3	Cases	Pedro	Paru		442,021
4	Silver	Bill	United		395,099



One of our club members, Craig Chaulk, did a solo Mayflower 400 challenge row from Plymouth UK to Plymouth USA. He completed the row in 47 days rowing on the erg 3,150 miles (5,070,000 meters) raising over £1,000 for charity.



In September, we did a capsizing course in the Mount Edgcumbe pond area. We had 20 people taking part including some of our new members, which was a great success.

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We have had new members joining us this year including Heidi from Plymouth On The Water, who did a great video about our club, and also girls from ashorething training for the GB Row London to Land's End challenge in 2021. We always welcome new people at our club and it is great to see so many new faces enjoying the water, searching for dolphins and admiring beautiful sunsets.



This year we also managed to organise a social row to Berre Ferries, which included a socially distanced lunch and great fun in great company.



2020 also welcomed two new babies and possibly new rowers (must get them on the boats soon)



Thank you for being with us this year and we cannot wait to take part in some great rowing events and regattas in 2021



Produced by Ania Wieczorek

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